

# SDP TRAINING CAMPS

# SENIOR DEVELOPMENT



**LAST** year we trialled a few SDP CAMP with some success. The idea was to deliver a environment of development so that the riders can progress their race craft & skill in a local environment. The new season now bring us the opportunity to deliver a full program of camps to the sport.

We would like to welcome onboard Ash Rawson as the BMX New Zealand SDP Coach, who is our volunteer putting in the time to plan & deliver the camps. We are looking to deliver these camps across the country and we are still working to finalise some dates and times. We hope to see lots of riders out there getting involved, now it is nationwide, and hope we can assist in a bigger way with general rider development.

Along with Ash, he is planning to have some sports experts on hand to assist & will work on delivering some specialised help to provide better information for riders looking to step up their skills. The Camps are aimed at riders UCI14+ to UCI18yrs who are focusing on development of their riding & learning the culture of being an athlete in BMX.

## BMXNZ NEW ZEALAND SDP TRAINING CAMPS

### CAMP 1

Prior to Pre-Norths - **WHANGAREI** - 23th September, time 1pm-5pm

### CAMP 2

Prior to MNZSS Round 3 - **GISBORNE** - 11th November, time TBC

### CAMP 3

Prior to Central Reg Champs - **TAURANGA** - 9th December, Starting after TG event finish

### CAMP 4

Prior South Island Titles - **NORTH AVON CLUB** - Friday 12th January 2018, from 12noon

### CAMP 5

Wellington Region Champs - **CAPITAL BMX CLUB** - 3rd February after HVT event finish

### CAMP 6

Prior to Pre-NATs - **NEW PLYMOUTH** 24th March , time TBC

You can register for these camps online at <http://nzbmxc.club/events/>

**SDP TRAINING CAMP COST - \$25 per camp**

Pay on the Day

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## SDP CAMP GUIDE

### RIDER EXPECTATIONS

- Riders are to behave in a responsible and courteous manner throughout. All rider behaviour should be friendly and well-mannered towards coaches, the program management and track hosts.
- Riders are to listen to, and cooperate fully with, the instructions of the coach and program managers at all times.
- Riders must wear the sport accepted safety gear to any program sessions.
- With any serious misconduct the SDP management retain at their discretion, the right to remove a rider from the session.

### RIDER DATA

- All rider data & times will be taken & used for rider development.
- Rider Data will not be distributed beyond BMXNZ requirements for rider development or rider selection purposes.
- All riders signing up for the SDP CAMPS agree for riding data to be recorded for developmental purposes.

### MEDICAL COVER

- All rider must complete the CAMP Rego form, including their contact details & medical information.
- The SDP program management will seek medical aid for my riders involved in this session if such aid is considered necessary by the coach or manager on hand. Or administering the medication as prescribed in the medical form.
- The SDP program management must be advised of any known medical condition which is infectious or contagious, to assure that appropriate precautionary action can be taken
- The SDP program management will exercise all reasonable care in respect of my child/children during the SDP Session but not withstanding I agree that BMXNZ and SDP management will not be in any manner liable for any injury or accident suffered by my child/children or for any damage to or loss of their possessions incurred during and sessions.

### BMXNZ EVENT HEALTH & SAFETY STATEMENT

BMXNZ, The Regions & BMX Clubs involved will comply with the requirements of the Health and Safety in Employment Act 2015 by committing to providing and maintaining a safe and healthy environment for all riders, families and visitors to the BMX Event facility. It is the sports policy to "make every practical and reasonable effort to protect all visitors, to prevent accidents or serious harm injuries and promote safety and welfare of all persons while on the event facility".

BMXNZ, The Regions & BMX Clubs involved will take all possible steps to list and evaluate hazards and to determine solutions to eliminate or minimise those hazards as part of the Risk Management Plan (RMP), to meet the sports policy noted above.

BMX Racing is an action sport & inherently has risks that are accepted as part of sport. All known risks are noted in the BMXNZ Meeting RMP & this is available onsite during any event. Parties wanting to assess the RMP prior to entry must contact the club for detail. Entry to this event confirms an understanding of the risks of the sport as noted in the RMP. In the event of injury to an event participant, a completed entry is consent to proper medical treatment being administered. Event entry also consents to submit to drug testing if required. All entrants agree to be bound by the regulations and general conditions for this event as published by BMXNZ in its latest rule book. Any reference to BMXNZ within this flyer or entry is referring to BMX New Zealand Inc.

Safety and safe practices at all BMXNZ calendared events are not negotiable and failure by anyone to comply by the code of conduct or rules of the sport will result in the removal of such person from the event facility.

### FURTHER DETAILS:

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THANKS TO THE FOLLOWING CLUBS FOR MAKING THIS HAPPEN

